

What Will 'Fix Your Delay' Look Like for Me?

For some people, the vision of a future business can become so exciting that they lose sight of the practical steps needed to get started. Others may have spent months—or even years—planning, researching, and preparing without making meaningful progress.

Whatever your situation, the obstacle is often less about a lack of knowledge and more about hidden blockers. These can include overthinking, perfectionism, fear of failure, uncertainty, or endless planning disguised as productivity.

What is the Fix?

The Fix Your Delay exercise is a simple process I've designed to help you work through the entire setup journey of an online business in just a few hours.

You can complete it:

- In a single afternoon.
- In around three focused hours.
- At a pace that suits you.

What Will It Help Me Discover?

By working through the exercise, you'll gain clarity on:

- Where you're currently stuck.
- What is genuinely holding you back.
- Which tasks are essential and which are distractions.
- Whether your business idea is realistic for your circumstances.
- The next practical steps you should take.

Why Does This Matter?

The reasons people struggle to move forward are different for everyone. Until the real blockage is identified, it's difficult to solve.

The purpose of this exercise is to:

- Replace uncertainty with clarity.
- Turn planning into action.
- Help you make progress quickly.
- Highlight the areas that need attention before you invest more time, money, or effort.

Once we understand what's causing the delay, we can start addressing it with confidence and a clear direction forward.



This five-step exercise recreates the experience of launching an online business in just three hours.

By compressing the process into a single afternoon, it helps you identify bottlenecks, test your readiness for entrepreneurship, and understand where you may need additional skills, confidence, or support before committing to a larger venture.



[Learn more here](#)